



Curriculum Implementation : Core PE



Key Stage 2

Year 7

Year 8

Year 9

Year 10

Year 11

Key stage 2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Term 1

Students will be taught a range of skills with the emphasis upon applying skills in small game like situations. Students should apply simple rules/ tactics within those games.

Challenge: lead warm ups, attend after school clubs, netball, rugby, football matches

Choose from: netball, rugby, football, gymnastics, basketball according to group

Cultural Exposure: After school clubs, school teams, visits to sporting events, eg Manchester United, highlight current sporting events

Term 2

Students will be taught a range of skills with the emphasis upon applying skills in small game like situations. Students should apply simple rules/ tactics within those games. Students will also be taught the principles of training, and types of training.

Challenge: lead warm ups, attend after school clubs, netball, rugby, football matches, indoor athletics, basketball

Choose from: indoor athletics, fitness including boxercise, circuits and gymnastics according to group.

Cultural Exposure
After school clubs, school teams, visits to sporting events, highlight current sporting events

Term 3

Students will be taught a range of athletics events with the emphasis upon safety and technique. Students will be taught a range of skills with the emphasis upon small sided games in a range of striking and fielding activities.

Challenge: lead warm ups, attend after school clubs, rounders matches, athletics events including Town Sports and Quadkids.

Choose from athletics, rounders, cricket

Cultural Exposure: After school clubs, school teams, visits to sporting events, highlight current sporting events

Assessment

Students will be assessed at the end of 5 week block

- skills in isolation
- Skills in combination
- Skills in a competitive situation
- Analyse performance and set target s for future performance

Term 1

Students will be taught a range of skills with the emphasis upon applying skills in small game like situations. Students should apply more complex rules/ tactics within those games.

Challenge: lead warm ups, drills, officiate small sided games, attend after school clubs, netball, rugby, football matches.

Choose from: netball, rugby, football, gymnastics, basketball according to group

Cultural Exposure: After school clubs, school teams, visits to sporting events eg Manchester United, highlight current sporting events

Term 2

Students will be taught a range of skills with the emphasis upon applying skills in small game like situations. Students should apply more complex rules/ tactics within those games.

Challenge: lead warm ups, drills, officiate small sided games, attend after school clubs, netball, rugby, football matches, indoor athletics, basketball

Choose from: indoor athletics, fitness including boxercise, circuits and gymnastics according to group.

Cultural Exposure: After school clubs, school teams, visits to sporting events, highlight current sporting events

Term 3

Students will be taught a range of skills with the emphasis upon applying skills in small game like situations. Students should apply simple rules/ tactics within those games.

Challenge: lead warm ups, attend after school clubs, rounders matches, athletics events including Town Sports and Quadkids.

Choose from athletics, rounders, cricket

Cultural Exposure: After school clubs, school teams, visits to sporting events, highlight current sporting events

Assessment

Students will be assessed at the end of 5 week block

- skills in isolation
- Skills in combination
- Skills in a competitive situation
- Analyse performance and set target s for future performance

Term 1

Students will be taught a range of skills with the emphasis upon applying skills in small game like situations. Students should apply more complex rules/ tactics within large sided/ full sided games. Students should take on roles such as official and coach.

Challenge: lead warm ups, drills, attend after school clubs, netball, rugby, football matches. Lead festivals at Lansbury Bridge

Choose from: netball, rugby, football, gymnastics, basketball, volleyball

Cultural Exposure: After school clubs, school teams, visits to sporting events, eg Manchester United highlight current sporting events

Term 2

Students will be taught a range of skills with the emphasis upon applying skills in small game like situations. Students should apply more complex rules/ tactics within large sided/ full sided games. Students should take on roles such as official and coach.

Challenge: lead warm ups, drills, attend after school clubs, netball, rugby, football matches. Lead festivals at Lansbury Bridge

Choose from: fitness, basketball, volleyball, table tennis, badminton

Cultural Exposure: After school clubs, school teams, visits to sporting events, highlight current sporting events

Term 3

Students will be taught a range of skills with the emphasis upon applying skills in small game like situations. Students should apply more complex rules/ tactics within large sided/ full sided games. Students should take on roles such as official and coach.

Challenge: lead warm ups, drills, attend after school clubs, rounders, athletics Lead festivals at Lansbury Bridge

Choose from: athletics, tennis, rounders, softball.

Cultural Exposure:After school clubs, school teams, visits to sporting events, highlight current sporting events

Assessment

Students will be assessed at the end of 5 week block

- Skills in combination
- Skills in a competitive situation
- Leadership skills, officiating, measuring, timing
- Analyse performance and set targets for future performance

Term 1

Students will experience a range of sports over three week blocks with an emphasis upon games and officiating.

Challenge: leadership opportunities,

Choose from: netball, football, rugby, basketball, fitness, badminton

Cultural Exposure: After school clubs, school teams, visits to sporting events, highlight current sporting events

Term 2

Students will experience a range of sports over three week blocks with an emphasis upon games and officiating.

Challenge: leadership opportunities.

Choose from: netball, football, rugby, basketball, fitness, badminton, table tennis

Cultural Exposure: After school clubs, school teams, visits to sporting events, eg Manchester United, highlight current sporting events

Term 3

Students will experience a range of sports over three week blocks with an emphasis upon games and officiating.

Challenge: leadership opportunities. Help with sports day

Choose from: rounders, softball, cricket, tennis

Cultural Exposure:After school clubs, school teams, visits to sporting events, highlight current sporting events

Assessment

No formal assessment

Term 1: Students will experience a range of sports over three week blocks with an emphasis upon games and officiating.

Challenge: leadership opportunities.

Choose from: netball, football, rugby, basketball, fitness, badminton

Cultural Exposure: After school clubs, school teams, visits to sporting events, highlight current sporting events

Term 2: Students will experience a range of sports over three week blocks with an emphasis upon games and officiating.

Challenge: leadership opportunities.

Choose from: netball, football, rugby, basketball, fitness, badminton, table tennis

Cultural Exposure: After school clubs, school teams, visits to sporting events, highlight current sporting events

Term 3

Students will experience a range of sports over three week blocks with an emphasis upon games and officiating.

Challenge: leadership opportunities.

Choose from: rounders, softball, cricket, tennis

Cultural Exposure: After school clubs, school teams, visits to sporting events, highlight current sporting events

Assessment

No formal assessment